OFFICE OF THE UNDER SECRETARY OF DEFENSE
4000 DEFENSE PENTAGON
WASHINGTON, D.C. 20301-4000

PERSONNEL AND
READINESS

MEMORANDUM FOR SECRETARIES OF THE MILITARY DEPARTMENTS
CHAIRMAN OF THE JOINT CHIEFS OF STAFF
UNDER SECRETARIES OF DEFENSE
DEPUTY CHIEF MANAGEMENT OFFICER
COMMANDERS OF THE COMBATANT COMMANDS
ASSISTANT SECRETARIES OF DEFENSE
GENERAL COUNSEL OF THE DEPARTMENT OF DEFENSE
DIRECTOR, OPERATIONAL TEST AND EVALUATION
DIRECTOR, COST ASSESSMENT AND PROGRAM EVALUATION
INSPECTOR GENERAL OF THE DEPARTMENT OF DEFENSE
ASSISTANTS TO THE SECRETARY OF DEFENSE
DIRECTOR, ADMINISTRATION AND MANAGEMENT
DIRECTOR, NET ASSESSMENT
DIRECTORS OF THE DEFENSE AGENCIES
DIRECTORS OF THE DOD FIELD ACTIVITIES

Subject: Department of Defense Employee Awareness Information Campaign

This is the ninth bulletin issued in support of the Department's Employee Wellness Awareness Campaign, as discussed in the Under Secretary of Defense for Personnel and Readiness Memorandum of January 11, 2010.

The marketing materials and campaign information for September are available for download at www.cpms.osd.mil/wellness. September's theme is "Childhood Obesity Awareness." The materials developed in support of this theme provide a wealth of information for families and the youth on maintaining a healthy balance in physical activity and nutrition to prevent childhood obesity.

I ask that you immediately download and disseminate to your workforce and your serviced Commands the campaign materials for September, and encourage you to supplement it, as needed, with initiatives specific to your Component. My point of contact for this matter is Ms. Pamela Budda, the Department's Quality of Worklife Program Manager, who can be reached at Pamela.budda@cpms.osd.mil.

Kathleen Ott

Kathleen A. Ott
Acting Deputy Under Secretary
Civilian Personnel Policy